Make a difference. Discover rewarding career in care!



WORK EXPERIENCE OPPORTUNITY

Cedar Lodge is a welcoming residential care home supporting up to 25 people with a wide range of needs, including dementia, age-related illnesses, physical disabilities, mental health conditions and learning disabilities.

We are passionate about providing person-centred, holistic care, recognising that every individual is unique and deserves to be treated with dignity, kindness, respect and compassion.

Work experience at Cedar Lodge offers an opportunity to discover what working in care is really like, meet our residents, learn about different roles within the care sector and see first-hand how small acts of kindness can make a big difference to someone's life.

Could a career in care be for you? Come and find out!

Roles in Care

- Management & Administration
- Direct Care
- Activities
- Meal Preparation, Maintenance & Housekeeping



What Can Cedar Lodge Offer You During Work Experience?
At Cedar Lodge, we want to give students a positive, interesting and rewarding introduction to working in the care sector. We offer the opportunity to experience what life is like in a residential care home and understand the difference that caring, compassionate people can make to others.
<u>During your work experience, you will have the opportunity to:</u>

- Meet our residents: Get to know the people who live at Cedar Lodge, learn about their interests, personalities, life experiences and individual needs.
- Understand person-centred care: Discover how we adapt our approach to make sure every resident feels valued, respected, safe and supported as an individual.
- Explore different care roles: Find out what care assistants, senior carers, managers, activity coordinators, kitchen staff, housekeeping and maintenance staff do.
- Take part in activities: Where appropriate, help support residents with meaningful activities, games, arts and crafts, music, reading and social interaction.
- Develop communication skills: Learn how to communicate with people who may have dementia, learning disabilities, mental health needs or difficulties expressing themselves.
- Learn about health and wellbeing: Gain an understanding of nutrition, hydration, personal wellbeing, infection prevention, safeguarding and maintaining a safe environment.
- See teamwork in action: Discover how different members of staff work together to provide consistent, high-quality care.
- Develop valuable life skills: Build confidence, patience, empathy, communication, responsibility and an understanding of the importance of kindness.

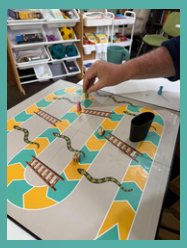
What We Hope You Will Gain
We hope your time at Cedar Lodge will help you develop a greater understanding of the care sector, challenge any preconceptions you may have about care work and recognise the importance of supporting people to live happy, fulfilling and meaningful lives.

You don't need any previous experience or knowledge of care.
All we ask is that you are enthusiastic, respectful, willing to learn and happy to get involved.
Who knows? Your work experience could be the first step towards a rewarding career where you make a real difference every day!

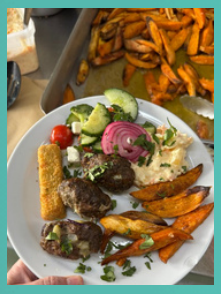
Please note: Students will be supervised by an appropriate member of staff at all times. Activities will be appropriate to their age, experience and agreed placement arrangements, with residents' dignity, privacy, consent and safety always taking priority.

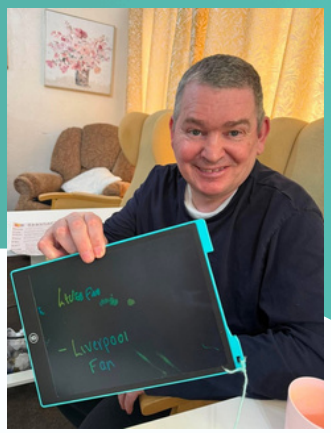
LIFE AT CEDAR LODGE

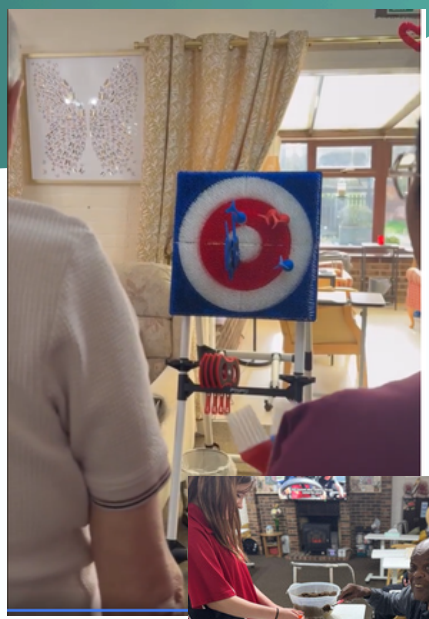


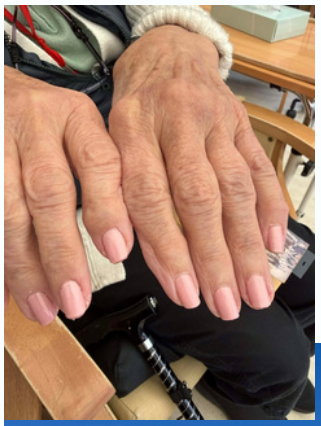












LIFE AT CEDAR LODGE





















