



Today's Prayer

Listen or read the Prayer for the Day and join in with thousands of others saying these words.

[Today's Prayer | The Church of England](#)

25/26 Issue No 25

Friday 20 March 2026

Dear Parents and Carers

Oracy is alive and well at King Edwards as students shine in public speaking. Congratulations to Albert, Katya and Joe who delivered a bloodcurdling call to arms against the horrors of war to win the Bury Rotary Club public speaking competition this week. Our super dramatic Lily and Ellis smashed it out of the park by going through to the next round of the prestigious English Speaking Union's Shakespeare competition. Well done to our fabulous Ms Warner for inspiring them to do so well.





Join us for a special gathering

MORNING PRAYERS

Every Wednesday
8:40 am to 8:55 am

Foundation Room



OPEN TO ALL STUDENTS, STAFF, PARENTS AND CARERS

PLEASE SIGN IN AT RECEPTION



Active Travel Ambassadors

As a school we have partnered with an organisation called Modeshift, which is helping to train a student team of Active Travel Ambassadors (ATA's). Our student ATAs are

designing a campaign to support active travel to school which will be happening in July 2026 with more information to follow soon.

Last Friday, the ATA's travelled to Ipswich with the core presentation team having to deliver the campaign plan to other Suffolk schools and representatives from Suffolk County Council, Active England and the Bikeability Trust. The planning of the campaign and the delivery of the presentation directly influenced the amount of money awarded to help our school with funding for our campaign in July.

As a school, the judges liked our campaign idea the best and we were awarded £450!

Well done to all the ATA's but particular thanks to Eleanor, Bella, Jasmine and Ellis who delivered the presentation.

A huge thanks to Ms Granger who has been tirelessly supporting the ATA's in getting to this stage. We are now looking forward to introducing our Active Travel Campaign over the next few months.



Under 13 Girls Cricket Team

Well Done to the U13 Girls Cricket team who reached the Semi-Finals of the County Cup. They lost to Orwell Park School after a closely fought contest.



Under 13 Boys Suffolk County Cup

King Edward VI progressed confidently in the Suffolk County Cup after an impressive 5–2 victory over Hartismere, following a fiercely contested first half that ended level at 2–2. A dominant display from the team in the second half meant the score finished 5-2 and the team booked their place in the semifinals. Lucas scored 3 goals, Tom scored 2.



The Under 15 Boys Handball Team

The Under 15 Boys Handball team played Mildenhall winning 15-4 being crowned West Suffolk champions. They are unbeaten since Year 8.



Lockdown Walkthrough

As part of our regular safety routines, we will be carrying out a lockdown walkthrough next week, to help students and staff become familiar with our school procedures.

Lost Property

Reminder to all parents: lost property is sent to charity if unnamed items are not reclaimed. Please remind your child to check lost property before the Easter Break or email admin@king-ed.suffolk.sch.uk if you would like to arrange a time to pop in and check lost property.

Easter Holiday Workshops

Suffolk New College are running workshops in Easter for the following topics, for Year 10 and 11 students. Sign up links are below:

Game in a Day '3D Game'

Tuesday, 31 March from 10:30am to 4pm

[SIGN UP HERE](#)

Character Design in a Day

Tuesday, 7 April from 10:30am to 4pm

[SIGN UP HERE](#)

Game in a Day '2D Platformer'

Tuesday, 7 April from 10:30am to 4pm

[SIGN UP HERE](#)

Animation (2D/3D) in a Day

Wednesday, 8 April from 10am to 4pm

[SIGN UP HERE](#)

Work experience opportunities Year 10

West Suffolk Council are running a work experience week 6 – 10 July 2026, specifically for Year 10 students, to provide them with an overview of the different career pathways there are at the Council. Spaces are filling up quickly! If you would like to find out more about the programme, the details and how to apply can be found on their work experience website page [Work experience \(westsuffolk.gov.uk\)](http://Workexperience(westsuffolk.gov.uk)).

UK Power Networks 6-10 July 2026

Is your child you interested in engineering? Spend time with a variety of departments across UK Power Networks, gaining valuable insight into how different teams collaborate to maintain and operate the electrical grid. From engineering and field operations to customer service and planning, learning how each function plays a vital

role in keeping the network running safely, efficiently, and reliably, ensuring millions of homes and businesses stay powered every day.

Apply for the work experience via this link: [Career Opportunities: Work Experience \(82118\)](#)

Please ask your child to answer the following questions on a word doc and upload via the CV field on the application page:

- Why are you interested in doing work experience with us?
- What careers or types of jobs are you curious about?
- What would you like to learn during your work experience placement?
- Tell us one thing you're proud of?

Consultation on the Post-16 Travel Policy for the 2026/2027 School Year

Suffolk County Council are consulting on the Post-16 Travel Policy for the 2026/2027. Click the link below for the Year 11 and 12 parent consultation: [Consultations, surveys and engagement - Suffolk County Council \(suffolk.gov.uk\)](#) and will be open until 5pm on Thursday, 26 March 2026. [View full details](#) Parent Letter can also be viewed here: [Post-16 Travel letter](#)

What is LooksMaxxing?

With the concerns of toxic masculinity and misogynistic attitudes increasing, parents should be aware of related behaviours. Looksmaxxing isn't specifically related to misogynistic attitudes, but it can be related to masculinity, where young people are influenced to be 'more masculine' by being fitter and having bigger muscles. This isn't necessarily a bad thing, plenty of young people refer to looksmaxxing as leading a good lifestyle and being healthy (known as softmaxxing), but there can be other sides to this as well such as taking steroids or cosmetic surgery (known as hardmaxxing). There can also be mental health concerns such as social comparison, anxiety and self-esteem.

Internet Matters have created a really good guide about LooksMaxxing for parents including what it is, why it's so popular, risks and signs for parents to look out for. [Information for parents - what is looksmaxxing?](#) There is also a wealth of articles online regarding this topic.

Help your child [develop a positive body image](#). Talk to your child about the content they see

online and explain to them that people aren't perfect, and photos online are often edited. You may also find this article helpful [Promoting positive body image with young people | Internet Matters](#)



Belonging Together in Suffolk for SEND families

Suffolk County Council and partners will be holding three events for parents, carers and children and young people with SEND. Join them for free teas, coffees, cakes, stalls and the opportunity to speak with a variety of organisations around SEND in the community. **The dates of the events will be:**

- 22 April 2026 (1 - 6pm) The Mix Stowmarket.
- 29 April 2026 (1 - 6pm) The Battery, Lowestoft.
- 6 May 2026 (12 - 5pm) Kesgrave Community Centre.

Autism Central Resources

Autism Central are offering a safe space to reflect on autistic wellbeing and family life. Their peer guides provide practical guidance to navigate services and offer a listening ear, helping you feel heard and connected. Anyone living in England and supporting an autistic person of any age is eligible and can access up to 10 consecutive sessions. One-to-ones are open to autistic and non-autistic family members of all ages - including parents, partners, siblings, adult children, grandparents, relatives - as well as friends, colleagues, carers and neighbours."

Click the links below to find out more:

- [Autism Central | Anna Freud](#)
- [One-to-one | Autism Central](#)

HAF Easter Activities

To book any of the above activities please follow the link below:

<https://www.abbeycroft.org.uk/HAF/>

EXPLORE OUTDOOR

ADVENTURE DAYS

AGES 8-12 YEARS

SEND supported Adventure Days

Bury St Edmunds – Monday 30th March
 Sudbury – Wednesday 1st April
 Haverhill – Tuesday 7th April
 Stowmarket – Friday 10th April

Monday 30th March - Friday 10th April 2026
 *subject dates apply

Come to life in the great outdoors this Easter and enjoy fire lighting and cooking in the wild, Archery, axe throwing, swimming, and much more.

With our Adventure Days happening across Mid/South and West Suffolk, your child has the chance to unlock their inner explorer whilst fitting around your working hours.

Breakfast, lunch and snacks provided!

*Free for those eligible for free school meals or meet Suffolk Country Council eligibility criteria

[abbeycroft.org.uk/HAF](https://www.abbeycroft.org.uk/HAF)

FREE BOOK NOW

Logos: ACTIVITIES UNLIMITED, Suffolk County Council, Department for Education, West Suffolk Council, HAF, Abbeycroft Let's Love Life

EXPLORE OUTDOOR

FAMILY PARK COOKING

Monday 30th March - Friday 10th April 2026
 Across Suffolk
 *subject dates apply

Adults and children take part in an amazing family day out with a whole range of activities including a cooking masterclass, Outdoor activities all partnered with a provided lunch.

Take home all of the ingredients and recipe cards to make 5 meals!

*Free for those eligible for free school meals or meet Suffolk Country Council eligibility criteria

[abbeycroft.org.uk/HAF](https://www.abbeycroft.org.uk/HAF)

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[KEVI Learning Support Instagram](#)

Everyone at King Edward VI would like to wish you a sunny weekend.



Deri O'Regan

Dates for your Diary	
Term dates <u>2025-2026</u> & <u>2026-2027</u>	
Additional information can be found on the calendar page of the website.	
Tues 24 March	Spring Concert 7pm
Wed 25 March	GCSE Drama Trip – Women in Black
Fri 27 March	End of Spring Term
Mon 30 March – Fri 3 April	Azores Trip
Mon 13 April	Summer Term Begins – all students return to school
Mon 20 – Fri 24 April	Year 11 Art and Photography Exams

Thought for the Week:

Your mind is a garden, your thoughts are the seeds. You can choose to grow flowers, or you can choose to grow weeds.

Person Unknown

All past issues of this Newsletter are available [on our website](#).