



## Today's Prayer

Listen or read the Prayer for the Day and join in with thousands of others saying these words.

[Today's Prayer | The Church of England](#)

**25/26 Issue No 17**

**Friday 16 January 2026**

Dear Parents and Carers

Thank you to all Year 11 parents who attended Parents' Evening last night. It was fantastic to see so many of you supporting your young people. For any parent unable to attend, please get in contact with the school and we will endeavour to provide you with the information you need to support your child. All Year 11 parents (and Year 10 parents too) should use the school website [Key Stage 4 Success Area](#) for information about exam boards and revision guides. In addition, great websites that could support revision and catch up learning are:

- [Sparx Maths](#)
- [Maths Genie](#)
- [Physics & Maths Tutor](#)
- [Seneca](#)

## Food and Nutrition



This week in Food and Nutrition, Year 7 have been finding out why breakfast is the most important meal of the day and made some Breakfast Muesli biscuits - perfect to have on the go or with a glass of milk or bowl of natural yoghurt and fruit.

Year 8 have been making Spaghetti Bolognese, learning about meat and knowing when it is cooked and safe to eat, as well as cooking a basic food commodity pasta.

Year 9 have been researching where our food comes from, including seasonality, types of farming, the impact of climate, primary and secondary processing as well as quality assurance.

Year 10 were tasked with making a decorated bread, supporting their learning of these skills, characteristics and key terms: kneading, proving, shaping, slicing/dicing, dextrinization, fermentation, gluten formation, dietary fibre and cereals.



**Please remember to contribute via parent pay for your child's practical lessons** - the school currently provides ingredients for all practical lessons, with the exception of Year 11 NEA ingredients. Your contributions help to ensure we can cook a variety of different recipes across the key stages. Thank you for your continued support.

## Sports Leaders

Four of our Sports Leaders ran the first School Games event of the year, with pupils from 4 local primary schools competing from Years 5 and 6 in the Futsal competition. Our students showed excellent leadership by officiating the games in a fair and consistent manner. They were also responsible for identifying students who had earned the highly sought-after certificates for demonstrating the Schools Games Values. Well done to everyone involved, we are excited to offer our students future leadership opportunities like this over the coming year.



## Cross-County Event

On Thursday 15 January, we journeyed over to Woodbridge School for the second round of the Cross-Country event. We knew that the weather was due to be temperamental, and indeed it was! Our students ran brilliantly in some of the wettest cross-country conditions we have seen in a long time! Many students qualified to run on Saturday 31 January 2026 at the Anglian Championships hosted by Northants in Abingdon Park. We wish them the very best of luck and can't wait to hear about your successes.



## Year 11's interested in Medicine & Dentistry!



Applications for an online King's College London Medicine and Dentistry Lecture Series 2026 are now open! They have supported over 10,000 students since they introduced our free programme four years ago. This programme is for students across the UK in Years 11, 12, and 13 interested in becoming a doctor or dentist. Over the course of the programme students will hear from a wide variety of speakers to help build their understanding of the opportunities and challenges of being a doctor and dentist, as well as guidance on the application process.

Last year's lectures included the following:

- Medical and dental specialties: cardiology, oral surgery, renal transplant, and many more!
- Q&A's each week with current medical and dental students
- Support with the application process: UCAT, personal statements, and interviews
- Q&A with admissions colleagues from King's various universities.

Most importantly, participants will become part of a community of like-minded students all interested in applying to medicine and dentistry and finding out what being a doctor and dentist really entails!

Lectures will be held on Tuesday or Friday evenings between 5-6.30pm.

The first lecture is on Tuesday 24 March, at 5pm. For more information and to apply, [students should follow this link](#).

The deadline to sign up is **Monday 9 February 2pm**. [Application form can be found here](#)



### Is your child interested in a Healthcare career?

The Health Academy is aimed at school or college students aged 15-18 years old who have an interest in healthcare. A wide range of healthcare professionals are on hand to support students in gaining a greater understanding of many roles available within the NHS. The academy is an opportunity to learn about the NHS and the roles it has to offer. They offer the chance to not only meet a range of healthcare professionals but to gain a better understanding of what their role entails and possible routes into the varying careers. The academy experience aims to provide individuals with both life skills and increased confidence and knowledge into a variety of healthcare careers. This is a programme undertaken alongside current college/school studies, allowing students to keep up with academic work whilst spending time at our Trust learning from a variety of NHS and care staff. If your child is interested, please email a completed [application form](#) to [Volunteer.Services@wsh.nhs.uk](mailto:Volunteer.Services@wsh.nhs.uk).

Important: If your child is under 18, please ensure that their application form is signed by a parent or guardian, as well as a representative from the school, before submitting it or it will be rejected.

For more information, click here - [Health Academy](#)

### Aerosols



Gentle reminder, we have had a number of students found with aerosols in school. As advised on the website deodorant should be applied before coming to school and of course can be applied in PE changing rooms if required but should be the roll-on or stick variety (to avoid eye and lung irritation in confined spaces). Aerosols of any types, including hairspray are not allowed in school and if confiscated will only be returned to a parent / carer.

Please can we ask parents to discuss this with their child over the weekend and ensure they are not bringing any aerosols in school.

### Photography Competition 2026

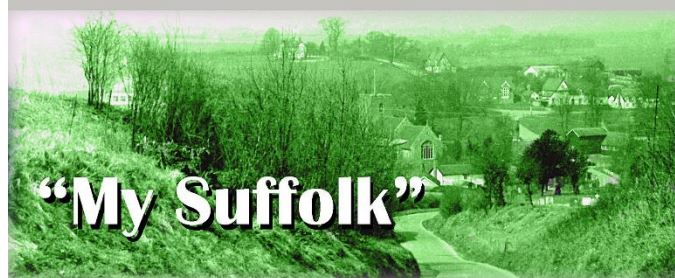
The Old Burians' Association photography competition is still live! Your child has until 28 February to be in with a chance to win a cash prize!



**Old Burians' Association**  
Former Students of King Edward VI School, Bury St Edmunds



## PHOTOGRAPHY COMPETITION 2026



### PRIZES

Fourth Prize	£10
Third Prize	£20
Second Prize	£30
<b>FIRST PRIZE</b>	<b>£50</b>

The winning entries will be published in the 2026 "Old Burian" Magazine and on the [www.oldburians.org](http://www.oldburians.org) website

**ONE ENTRY PER PERSON**

### HOW TO ENTER

Send your photo as an attachment (any common picture format, but at least 1600x1200 pixels, please) to: [OBphotocomp@mail.com](mailto:OBphotocomp@mail.com) by 28 February 2026

**Don't forget -**  
Please include:  
Your full name  
Your date of birth  
Your college

The date your photo was taken (must be between 1 March 2025 and 28 February 2026)

**IMPORTANT:** You can use your artistic skills to manipulate your photo with Photoshop™ or your favourite program, but the entry **MUST** be based on a photograph taken by you. We reserve the right to ask to see the original, un-manipulated image with proof of the date taken, camera used, etc., in cases of doubt.

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### Follow us on Instagram

[King Edward VI School Instagram](#)

### Follow our SEND Instagram page

[KEVI Learning Hub Instagram](#)

Everyone at King Edward VI would like to wish you a magnificent weekend.

Deri O'Regan

<b>Dates for your Diary</b> Term dates <u>2025-2026</u> & <u>2026-2027</u> Additional information can be found on the <u><a href="#">calendar page</a></u> of the website.	
Mon 19 Jan	Poetry Live Trip
Wed 21 Jan	Year 10 PSHE Day
Fri 23 Jan	House Competition – Maths
<b>Thurs 29 Jan</b>	<b>Year 9 Parents' Evening - in person</b>
Mon 2 Feb	Year 7 & 8 EHCP & Pupil Passport meetings
Tues 3 Feb	Year 9,10 & 11 EHCP & Pupil Passport meetings
Tues 3 Feb	Taster Tuesday
Thurs 5 Feb	Year 9 Options Evening
Fri 6 Feb	Student UN Climate Change Conference - Online
Mon 9 Feb – Fri 13 Feb	NEA Y11 Practical Exam
Mon 9 Feb	Open Mic night 4.30-6.30pm
Tues 10 – Fri 13 Feb	Barcelona Trip
Tues 10 Feb	Azores Trip - Parent Information Evening
Tues 10 Feb	Taster Tuesday
Wed 11 Feb	Careers Fair
<b>Fri 13 Feb</b>	<b>Report 2 Available on Go 4 Schools</b>
Mon 14 – Fri 20 Feb	Ski Trip
<b>Mon 14 – Fri 20 Feb</b>	<b>Half-Term</b>

Thought for the Week:

**Politeness [is] a sign of dignity, not subservience.**  
**Theodore Roosevelt**

*All past issues of this Newsletter are available [on our website](#).*