



Today's Prayer

Listen or read the Prayer for the Day and join in with thousands of others saying these words.

[Today's Prayer | The Church of England](#)

25/26 Issue No 12

Friday 28 November 2025

Dear Parents and Carers

As part of our commitment to whole education, we are delighted to be launching a work experience week this year for Year 10. All Year 10 parents should take note of the information below in this newsletter, and start using contacts to arrange a placement.

To help secure placements for all our students, if you are parent in any year group, and believe your company or workplace could take on a wonderful King Edwards' student, please fill in the form here: [Can you support King Edward VI School's Career Programme?](#)

Work Experience will take place from 6-10 July 2026.

Join Our Maths Department Volunteers

We currently have two wonderful volunteers in the Maths department, and their support has been incredibly beneficial. Their presence in lessons not only provides extra help but also brings a valuable parental perspective.

If you're interested in volunteering with us, please email wd@king-ed.suffolk.sch.uk. You don't need to be a Maths expert, just bring a positive attitude! Even volunteering once a month would be fantastic, though once a week would be ideal.

Christmas Lunch

Tickets for this year's Christmas Lunch go on sale next week. [CLICK HERE](#) for more information.

Vaccinations Year 9 MenACWY/DTP

Please ensure you have completed the consent form for the Year 9 Vaccinations taking place on Tuesday 2 December. Please can you also ensure your child comes into school wearing a short-sleeved shirt or their PE top, and has had something to eat before they arrive at school. [School Immunisation Letter](#)

Road Safety

As the evenings draw in, we would like to remind parents of students who cycle to school, to ensure their bikes are fitted with working front and rear lights. This is essential for their safety and helps ensure they are clearly visible to other road users at this time of year.

Year 7 Boys Football

The Year 7s under 12 team delivered a brave and disciplined performance against a strong St Joseph's side, who had recorded huge wins in previous rounds. Despite the 2-1 defeat, the team can be extremely proud of their display.



The first half was tight, with King Edward defending superbly and frustrating St Joseph's for long spells. Although St Joseph's opened the scoring, King Edward hit back quickly with a brilliant equaliser from Anthony (Antec). The sides went into the break level at 1-1.

The second half remained competitive, but St Joseph's found a second goal with 20 minutes left. King Edward pushed hard for another equaliser, coming close through Conor and a late chance that almost fell kindly.

Special mention to Jonathan for his tireless work in midfield, and to centre-backs George and Toby, who were outstanding throughout.

A narrow defeat, but an excellent performance full of character, effort, and quality. The coaches are extremely proud.

Under 14 Netball at Thurston

Last week our Under 14 Girls Netball team travelled to Thurston Community College to play in their final tournament. After being so successful in their last tournament, they faced tough opposition and managed to win the final fixture in superb style. Their Netball improved each game played, and it all came together amazingly for the final fixture. The effort, teamwork and enthusiasm shone throughout, well done to all involved.



Year 7 Netball

The Year 7 Netball team travelled to Thurston Community College and came 1st for their final Netball tournament. They did not lose a single game! They worked hard during all 6 games, playing through very cold and wet conditions. They should be very proud of how they battled in a tough group, to end up the overall winners. We anticipate great success with this team!



Year 10 Sports Leaders

Once per week this half-term, groups of Year 10 students are visiting a local Primary School to lead their lunchtime sports provision. The primary school staff were very pleased with the activities that the students had planned, and all of the primary school pupils from Reception to Year 6 adored all of the leaders! Well done to all involved in this excellent leadership experience.



Year 10 Work Experience – 6–10 July 2026



We are officially launching a Year 10 Work Experience Programme!

All Year 10 students will be on **work experience** from **Monday 6 – Friday 10 July 2026**. Year 10 students will **not attend school** during this week; they will be at the workplace of their chosen host employer.

Work experience gives students the chance to learn about what type of job they might enjoy, and develop their CV. We know it can be one of the most transformational experiences young people have during their education.

Finding a Placement

- Students and families are responsible for sourcing their placement. More information and guidance will be provided soon.
- Placements do **not** have to be local. Ask family, friends, or work contacts.

Using Unifrog

We will manage all administration via **Unifrog** (www.unifrog.org), including employer risk assessments, health & safety information, and parental consent.

Key Steps:

- Students must secure the placement with an employer **first**.
- Then they must add it to their **Unifrog Placements Tool**.
- Unifrog will email the employer, parent/carer, and school for required information.
- Accurate and honest entry of placement details is essential to ensure placement is appropriate.
- Please check Junk/Spam folders for Unifrog emails.
- Additional support will be provided for SEN students.

Useful Links

- Please find all guides relevant to work experience here [Guides - Placement - Unifrog](#).

Next Steps

- If your child did not attend the assembly this week- find a copy of the slides here (some information is in the notes section) [Work Experience Assembly](#).
- Read Unifrog's placement guides.
- Begin contacting potential employers.

Message from our Safeguarding Team

There has been a lot of national media coverage around the TikTok 'Tap Out' challenge, however following an incident involving one of our students, we would like to draw parent's attention to this, so you can discuss it further with your child at home as a matter of urgency.



What is the "Tap Out" out challenge?

This trend often involves a group of teens where one child places another child in a chokehold (forearm is placed around the other child's neck and throat), the child performing the chokehold would then apply pressure/squeeze the neck until the child in the chokehold taps them out on their arm in which at this point the chokehold should be released.

This can also involve another child "tapping in" to join the chain. Whilst there can be no physical signs of injury following this trend it is important to be aware that this type of strangulation can lead to serious health implications in the future, including fatalities.

The challenge is presented in a way that downplays the risks, showing participants laughing or walking away unscathed. What they don't show are the serious risks—like brain damage or even death—that can result from asphyxiation. Children and young people are not aware of how easily these actions can cause serious harm.

Signs and injuries to look out for include:

- Head injuries (as can fall when losing consciousness)
- Possible loss of memory - feeling confused or disoriented after being alone
- Marks or bruises on the neck
- Blood shot eyes (conjunctival haemorrhage).
- Scratches or small red spots (petechiae) to neck/eyelids/cheeks and behind ears.
- Raspy or hoarse voice
- Severe headache

Trends such as this have been around for years and can change names quickly so, please be alert, talk to your child about it as we know our students are involved in this.

Information on a similar trend "TikTok blackout challenging can be found here [The TikTok Blackout Challenge: How to Protect Children](#)

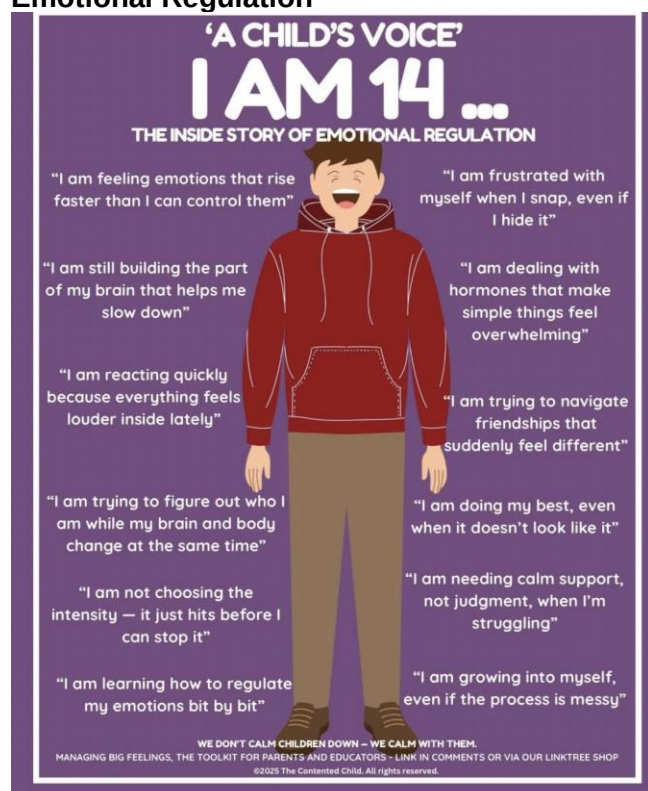
Household Support Fund discretionary grant
Suffolk County Council (SCC) is pleased to confirm that the Government announced a further extension to the Household Support Fund from April 2025 to March 2026. click the link for further details: [Parent Letter- Household Support Fund](#)

West Suffolk Council's Winter Holiday Activity and Food (HAF) programme 2025



Bookings will go live from 28 November 2025: click the link for full details: [HAF](#)

Emotional Regulation



Portuguese Lessons

Camões Institute UK offers classes in King Edward VI to Portuguese-speaking students, from Year 1 and GCSE preparation, by a qualified teacher with extensive experience. If you are interested, fill in this form and you'll be contacted about enrolling: [Inscrições 2025/26 - Bury St. Edmund's – Preencher o formulário](#)



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Everyone at King Edward VI would like to wish you an adventus weekend.

Deri O'Regan

Dates for your Diary Term dates <u>2025-2026</u> & <u>2026-2027</u> Additional information can be found on the <u>calendar page</u> of the website.	
Mon 1 Dec	Tea and Talk Parent Meeting (SEN)
Tues 2 Dec	Men/DTP Vaccinations – Year 9
Wed 3 Dec	Year 11 PSHE Day
Thurs 4 Dec	Carol Service
Mon 15 – Thurs 18 Dec	Y11 Art and Photography Mock Exams
Tues 16 – Wed 16 Dec	Christmas Lunch
Fri 19 Dec	End of Term 1.20pm
Mon 5 Jan	School Closed – Teacher Training Day
Tues 6 Jan	School Open to all Students
Thurs 15 Jan	Year 11 Parents' Evening - in person

Thought for the Week:

The people who walked in darkness have seen a great light
Isaiah 9 v2

All past issues of this Newsletter are available [on our website](#).