



## Today's Prayer

Listen or read the Prayer for the Day and join in with thousands of others saying these words.

[Today's Prayer | The Church of England](#)

**23/24 Issue No 22**

**Friday 1 March 2024**

Dear Parents and Carers

### U14 Suffolk Netball champions!!!!

I am pleased to inform you that sports are alive and well in the school with our Year 9 team being crowned Suffolk Champions this week. Our Year 11 team were also amazing, winning every game in their pool and playing some outstanding netball. They came third overall in the tournament and were a real credit to the School.



### Uniform

Wearing the correct school uniform at King Edward VI School is important to show commitment to our community. Failing to follow basic uniform rules sets learners up badly for the school day, and wastes valuable teacher time throughout the day, which could be spent on teaching and learning activities. Please can you check your child's uniform over this weekend and ensure that they have what they need for next week at school. Senior teachers will be conducting uniform checks and we reserve the right to send students home if they are not following the school's uniform rules. [CLICK HERE](#) for more information. Please contact your child's Pastoral Support Manager if you are facing difficulties with uniform or email: [admin@king-ed.suffolk.sch.uk](mailto:admin@king-ed.suffolk.sch.uk) for access to our second-hand uniform shop. Thank you for your support.

### Ski Trip 2024

Thank you to everyone that supported the trip this year.



### Introduction to Parliament

This week, Year's 9 and 10 had a visit from the UK Parliament's Outreach Service; an

organisation that educates young people about UK parliament. As this year is an election year, it was beneficial to our students to understand a little more about UK Parliament and how it works; understanding topics such as democracy, the work of Parliament, the role of MPs, the House of Lords and how laws are made.



### World Book Day

World Book day is next Thursday, 7 March. In order to reduce waste, we have opted for a digital World Book Day voucher.

[CLICK HERE](#) for a digital voucher which can be scanned in stores either on your phone or as a print out. If you are unable to use a digital voucher, please ask your child to collect a paper one from Miss Reynard in A118.



### My Fair Lady

Following on from before half term, well done again for great school production My Fair Lady. Here are some happy memories for all who were lucky enough to see the show!



### Message from the Prefects: Open Mic Night

Year 11 Prom is coming up in June, to make this experience the most enjoyable and affordable for students, Prefects have organised an Open Mic Night, where students will have the chance to perform to raise money for the Prom. Any parent, carer or student who chooses to attend will be helping support fundraising for Prom. Recommended entry donation is £3 per person. Drinks and food will also be available for purchase.



### Ed's Eco Club

On Friday 16 February, members of Ed's Eco-Club found appropriate time to help improve the school environment by conducting a targeted litter pick within the school grounds. The students did a fantastic job of extracting litter and numerous other items that were hidden in the undergrowth.



### Pen Recycling Scheme

Ed's Eco-Club have been working hard to create and deliver to each classroom a writing instrument recycling box. This allows for many types of writing items to be collected and recycled instead of entering into landfill. If parents or carers have used writing instruments at home that they wish to recycle then please send them in with your child and they can hand into Reception



#### yes

- ✓ Ballpoint, gel and fountain pens
  - ✓ Mechanical pencils
  - ✓ Refills and cartridges
  - ✓ Correction instruments (bottles, tape and pens)
  - ✓ Highlighters
  - ✓ Felt tips, whiteboard and permanent markers
- All brands accepted

#### no

- ✗ Glue sticks
- ✗ Rubbers
- ✗ Rulers
- ✗ Graphite and colouring pencils
- ✗ Sharp objects

### Psychology in Schools: Parent Workshops

Please see links below to two flyers for free virtual training sessions for parents.

1. [Childhood Neurodiversity PST Workshop Programme](#)
2. [Parent/Carer Workshops Spring Term 2024](#)

### Upcoming training days



Reminder: we have the upcoming training days with our BXM instructors ahead of the expeditions next term. For further details see my recent letter.

Bronze training day: Saturday 2 March (tomorrow), 9-3pm.

Silver training day: Saturday 9 March, 9-3pm. Bring lunch and a coat! Casual wear.

**Teams calls** with Mr Hepper at 5pm. (see recent letter for links.)

Bronze: Monday 4 March

Silver: Monday 11 March

(No more than 30 minutes. Opportunity for questions following training day.)

### Mental Health Webinars



NEW free mental health webinars! [Free mental health webinars from the Charlie Waller Trust](#)

The Charlie Waller Trust have launched a new series of free mental health webinars targeted at parents, carers, young people or anyone interested in mental health.

Their webinars are presented by expert mental health trainers and guest speakers who come from a wide range of professions and expertise. They explore practical, evidence-based information and strategies! To find out more, check out their website or for specific webinar topics, click the links below!

[Helping your child understand their emotions and practical strategies to help](#)

[Spotting signs that new students are struggling settling in and how to support](#)  
[Self harm - spotting the signs and providing support](#)  
[Knowing when a friends struggling and understanding how to help](#)  
[Spotting signs that a young person is struggling with their mental health](#)  
[Supporting young people experiencing thoughts of suicide](#)  
[Anxiety in young people: spotting the signs and supportive strategies](#)

**Study Skills: Parents and carers (online)**

Monday 18 March, 6-7pm  
 Tuesday 26 March, 6-7pm  
 Join a FREE advice and support session, designed to help you understand how to support your young person to **get started** and **stay on track** with their **GCSE revision**, created in partnership between Take Your Place, University of East Anglia (UEA), and [Exam Study Expert](#). To find out more, check out the event pages for [Monday 18 March](#) and [Tuesday 26 March](#) on the Take Your Place website. To sign up, see the events pages, or [click here](#).

**Please note:** Both online sessions will feature the same content to give the opportunity for more parents and carers to join. You don't need to attend both sessions.

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[https://www.instagram.com/kevis\\_learninghub?utm\\_source=ig\\_web\\_button\\_share\\_sheet&igsh=ZDNIZDc0MzlxNw](https://www.instagram.com/kevis_learninghub?utm_source=ig_web_button_share_sheet&igsh=ZDNIZDc0MzlxNw)

Everyone at King Edward VI would like to wish you a fantastic weekend



Deri O'Regan

<b>Dates for your Diary</b> <a href="#">Term Dates for 2023-2024</a> and additional information can be found on the <a href="#">calendar page</a> of the website	
Tues 5 March	Taster Tuesday
Thursday 7 March	Open Mic 5.30 - 7.30pm
Thursday 7 March	World Book Day
Friday 8 March	International Women's Day
Wed 20 – Thurs 21 March	Year 8 Parents Evening
Fri 22 March	Year 9 Romeo & Juliet Trip
Thurs 28 March	End of term
Mon 15 April	Start of the Summer Term

Thought for the Week

**Don't stop until you are proud.**  
**Unknown**

*All past issues of this Newsletter are available [on our website](#).*