

**DON'T  
MISS OUT!**



Do you have a learning disability?



Are you 14 years old or over?



Get registered on your GP surgery's Learning Disability Register!



Get invited and attend your free annual health check once a year!



Get your health action plan!



For more **information** talk to your **GP surgery** or contact the liaison nurses:  
Email: [liaison.nursesLD@nsft.nhs.uk](mailto:liaison.nursesLD@nsft.nhs.uk)  
Telephone: 01284 733300