



Today's Prayer

Listen or read the Prayer for the Day and join in with thousands of others saying these words.

[Today's Prayer | The Church of England](#)

23/24 Issue No 17

Friday 19 January 2024

Dear Parents and Carers

Students were introduced to the Five Ways to Wellbeing during this week's assemblies. These are five daily habits which we can all do to increase our wellbeing.



This is an NHS scheme to promote wellbeing and mental health resilience. More information can be found here: [5 steps to mental wellbeing - NHS \(www.nhs.uk\)](https://www.nhs.uk/5-steps-to-mental-wellbeing)

Cross County Finals

King Edwards had a strong representation in the county finals of the Suffolk Schools X-Country held at Woodbridge School last week.

Most notable performances were 3rd place for Sam Blackwell in the Intermediate Boys, 4th place for his brother Matthew in the Minor Boys and 9th place for Isla Whiting in the Junior Girls. All three students have qualified to represent Suffolk in the upcoming Eastern Counties competition.



Debate Club

Three of the sixth formers from the joint King Edward/Abbeygate debate club received certificates from a recent competition.



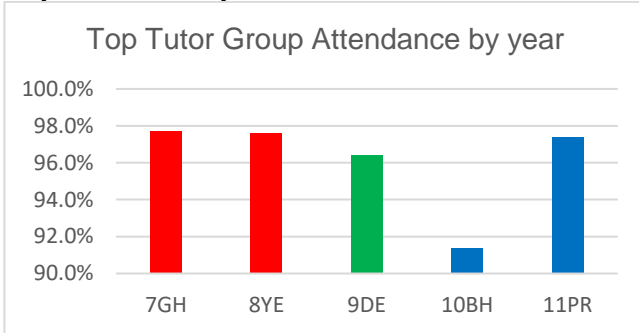
My Fair Lady - Whole School Production

Tickets for My Fair Lady are now on sale and can be purchased here:

www.ticketsource.co.uk/kinged



Top Tutor Group Attendance



My Fair Lady - Whole School Production



We will be creating an A4 souvenir programme with rehearsal photographs and information about the show. There will be space for advertisements and we would like to ask if you, or someone you know, owns a business or works for an organisation that

may be interested in supporting the show by buying advertising space? The programme will be seen by a minimum of 800 people.

There will be four A4 black and white pages allocated for advertising in the middle of the programme:

- Half page advert (landscape) £60
- Full page advert (portrait) £120
- Inside front cover (full A4 black and white) £170 (or full A4 colour £200)
- Inside back cover (full A4 black and white) £170 (or full A4 colour £200)
- Back cover (full A4 colour) £220

If you would like to take advantage of this opportunity, please contact Gemma Manchett at the school (email: glm@king-ed.suffolk.sch.uk) detailing your requirements. All proceeds will be used to help fund the considerable cost of the production and ensure that we can continue to put on performances in future years. We will be very grateful for any support you can give.

Christmas 2023 fundraising

Our students raised £427.73 by wearing bright or festive jumpers on 8 December 2023. The sum will be split equally between Save the Children and Storehouse.

Space Day

On Thursday 17 January 2024, our Year 11 Separate Science students took part in a Space Day event led by an advocate of the National Space Academy. Students had a chance to look at the possibilities within the UK space industry as a career path. They made mini telescopes using lenses, looked at the behaviour of gravity and orbits, the uses of satellites, how infrared is useful, the design of astronaut suits and had the chance to touch a piece of the moon



Careers Week 22 – 26 January 2024

Careers Week runs from Monday 22 January to Friday 26 January 2024. Throughout this week, there will be opportunities for students to reflect on their interests and explore the variety of careers available to them.

Our annual Careers Fair is being held Wednesday 24 January in the Library and Foundation Room. All years will be welcome to attend during morning break and lunchtime; however, lesson time will be reserved for pre-determined groups of students. Students who have been invited during lesson time will be informed on Monday 22 January.

A variety of industries will be represented at the fair, such as Engineering, Healthcare, public services, Computing, Design and more! The students can use this opportunity to network with employers, find out what industries interest them and learn more about them.

Student's Pantomime Success

Amelia (Year 9) was highly commended for her talent in this year's pantomime Snow White. The performance has helped her develop many life skills. Way to go Amelia.



Mathematician of the term

Each half term teachers within the Maths Department are nominating a student from each of their classes to be placed in a prize draw.

These students have been nominated for showing amazing effort and or achievement within their maths lessons since September.

All students have received a certificate, the runner up from each year has also received a chocolate bar and the winners from each year have received a chocolate bar along with a queue-jump pass which allows them to skip the lunchtime queue on a day of their choice.

Congratulations to all students that have been nominated.

A new round of mathematician of the term will take place before February half term.

Year 7	Year 8	Year 9	Year 10	Year 11
Joe S	James E	Chloe I	Megan W	Rhys W
Lilly P	Konnah W	Layla R	Gabi K	Poppy W
Lily-May B	Edmund C	William F	Thomas S	Chloe R
Esme A	Ava C	Sophia K	Greta P	Bailey B
Missy B	Sophie H	Imogen M	Casey-Ann C	Sophie-May P
Mustafa B	Max E	Caitlyn C-B	Samara R	Elodie B
Isla B	Anais G	Abigael A	Adele B	Rosie W
Anna A	Paige W	Martina G	Mckenzie R	Isabella F
Antonio G	Lily B	Alfie R	Tayla K	Alicia S

What is Parent Mental Health Day?

Stem4, a charity that supports young people to build positive mental health, is proud to be the UK founder of Parent Mental Health Day, which started in 2022.

The cost of living crisis, which so closely followed the pandemic, and increased concerns about digital harms, rising rates of mental ill health and the impact of stretched services have further increased parent and carer anxiety and, in some cases, helplessness and hopelessness. Parent Mental Health Day 2024 is an opportunity for parents and carers to acknowledge and discuss their struggles and share in their achievements of connecting positively with each other and the whole family, and to learn ways to connect positively to maximise young people's mental health.

[Parent Mental Health Day - 27th January - stem4](#)

Creating Positive Relationships
Webinar for Parents and Carers
25th January 2024 at 7pm

Join us for our free 'Creating Positive Relationships' Webinar for Parents and Carers on the 25th of January at 7pm, in advance of stem4's Parent Mental Health Day 2024.

If you are a parent/carer whose relationships have flattened, or you just want to keep building on the great relationships you have, listen as we share how to help your relationships to flourish. Expert speakers and young people with lived experience will focus on the concepts of Connecting, Playing and Resting (CPR) to offer practical tools to help you in #CreatingPositiveRelationships

Sign-up
<https://bit.ly/PMHD2024>

Scan here

stem4
Charity number: 1144309

Suffolk Libraries

Suffolk County Council is seeking library users to complete a survey on their thoughts about the current service. Click the link below if you wish to complete a survey about our local Library.

<https://suffolk.gov.uk/council-and-democracy/consultations-petitions-and-elections/consultations/shaping-the-future-of-library-services-2023>

Parent Connect Event – Information on the Learning Disability Annual Health Check

On Thursday 15 February 2024 we will be hosting our second Parent Connect event. ACE Anglia will be delivering a free NHS Learning Disability Annual Health Check Awareness Workshop facilitated by their Health Project Coordinator.

The event starts at 10.45am. This workshop will offer essential information and guidance on various aspects of the health check process that are offered at GP surgeries. They will share information about what happens before, during, and after the check.

The workshop is around an hour and half long and will be interactive, fun, and informative. If you would like to attend this session, please complete this form: Link:

<https://forms.office.com/e/qE85Naq9bw>

Year 7 SEN Pupil Passport Review

On the 30 January the Learning Support Team will be reviewing Year 7 SEN Pupil Passports. A letter has been sent to all Year 7 SEN parents and includes information about how to book a meeting with us.

SEND Instagram Page

Please follow our SEND Instagram page, @kevis_learninghub, we are posting lots of useful information about our events and those offered by the Local Authority.

Sixth Form College

Abbeygate open day on 27 January 9.30am-12pm. [CLICK HERE](#) to register.



Follow us on Facebook

<https://www.facebook.com/KingEdwardVISchool/>

Follow us on Instagram

<https://www.instagram.com/kingedwardvischool/>

Follow our SEND Instagram page

https://www.instagram.com/kevis_learninghub?utm_source=ig_web_button_share_sheet&igsh=ZDNlZDc0MzlxNw

Everyone at King Edward VI would like to wish you a blissful weekend.

A handwritten signature in black ink that reads 'D. O'Regan'.

Deri O'Regan

Dates for your Diary Term Dates for 2023-2024 and additional information can be found on the calendar page of the website	
24 January	Careers Fair
26 January	Poetry Live trip
31 January – 1 February	Year 9 Parents Evening
12 –15 February	School Production of My Fair Lady
15 February	Formula 1 Trip (Y9,10,11)
19 – 23 February	Half term

Thought for the Week

If you get tired, learn to rest, not to quit.
Banksy

All past issues of this Newsletter are available [on our website](#).