



Today's Prayer

Listen or read the Prayer for the Day and join in with thousands of others saying these words.

[Today's Prayer | The Church of England](#)

22/23 Issue No 32

Friday 26 May 2023

Dear Parents and Carers

We have enjoyed a wonderful start to the summer term here at King Edward VI.

The school would like to pass on congratulations to Year 11 for their maturity and dedication to their studies after two weeks of intense exams. They now head off for a week of no exams. We wish them all a good break and hope they get some space to catch their breath before starting revision again for the second wave of exams.

Other students in the school have remained focused on their studies right up until the final day of the half term; it is lovely to see our students enjoying the super space available to relax in the much-improved weather.

Duke of Edinburgh Awards

Last weekend, we had a successful practice expedition for the Silver Award with students walking 40km from Woodbridge to Framlingham over three days. They did exceptionally well, represented our school brilliantly and enjoyed themselves in the sunshine, which gave reason for a well-earned ice cream outside Framlingham Castle at the end!

They are now ready to take on the qualifying expedition in the Chilterns in July.



From the Chair of Governors, Rachel Cannon

A very big thank you to all parents and carers who completed the recent consultation survey on Vision and Values. We received nearly 200 responses and they were full of ideas for the future and invaluable feedback about your experience of the school. They were reviewed by the Governing Body earlier this week and

informed a Governor workshop on values and our vision for the school. After half-term we will be consulting further with all of our stakeholders, including staff and students, and as promised, we will be holding sessions for parents as well. Please look out for further details confirming when these will be held, which will be sent to you in the first week back. All parents are warmly encouraged to attend, whether or not you completed the survey.

Transport To School - September 2023



Reminder: parents of students who currently receive school funded travel will need to complete an opt-in application for transport for September 2023 via [Suffolk on Board - School Travel / Opt-in \(apply\)](#).

The deadline for applications is **31 May 2023**.

Calm in The Yard

New, free, Calm sessions at the Yard for 11–18-year-olds, led by a trained and experienced clinical mindfulness instructor. Top tips for young people to manage stress and develop a calm core. It launches on Friday 9 June 2023 4pm-5pm.

Calm in The Yard

Mindfulness for young people

Being a teen is stressful!
Whether it's school or social time, being a teen has real challenges.

If you're like many teens, you may have difficulty dealing with your stress. You aren't alone! There are things you can do to stay calm, no matter how stressful life becomes.

Fridays, 4.00 pm - 5.00 pm

FREE to attend. Please pre-book, limited spaces available.
Contact janedow@stedscathedral.org or 07747 540 594

Age 11-18
all welcome, people of all faiths and none

St Edmundsbury Cathedral

St Giles

Turning a past into a future

RHSE – Extended Tutorial Week

Following on from their successful sessions last year as part of our RHSE programme, The St Giles Trust have returned this week, to deliver preventative sessions to year 7,8 & 9 covering topics such as gang involvement, county lines and serious youth violence. Their award-winning approach uses trained professionals with lived experience of the criminal justice system, to ensure that children and young people increase their knowledge and understanding of this lifestyle and enables them to think critically, assess risk and ultimately make better life choices.



In addition to this, Barnardo's have delivered workshops to targeted students with regards to mental health, how to manage their emotions and seek support.

If your child has been involved in these sessions, we would urge you to discuss this further at home to gain a better understanding of their experience and have an open dialogue with regards to its content.

Childhood Neurodiversity PST Workshop Programme

Neurodiversity is a term used to describe people whose brains work in different ways. This programme of free virtual workshops for parents and carers will explore nurturing the unique strengths of neurodiverse children and young

people and provide advice and guidance on how to support them with the challenges they face. Any parent or carer is welcome to join regardless of whether their child has a neurodiverse diagnosis. The workshops are live on Zoom and 60 minutes long. Recordings of the workshops will be available after the live event.

Childhood neurodiversity: What you need to know as a parent What is neurodiversity? What is autism, ADHD and learning disability? Does my child need a diagnosis to get support? This introductory workshop will answer these questions and introduce where parents/carers can find advice and guidance for supporting their neurodiverse children. It takes place on **6 June 2023 at 6pm** [BOOK HERE.](#)

Childhood neurodiversity: Managing big feelings (including anxiety and low mood) This workshop will explore why neurodiverse children may develop difficulties with their emotions, including anxiety and low mood and how parents/carers can support neurodiverse children with managing their big feelings. It takes place on 3 July 2023 at 1pm [CLICK HERE.](#)

Half Term Rugby Camp



GIRLS HALF TERM RUGBY CAMP

AGES / 10 - 17
9AM - 4.30PM @ THURSTON RUGBY CLUB, ROBINSON FIELD, IXWORTH ROAD, IP31 3QE

OXFAM CRUSADERS RUGBY CAMP, POWERED BY ZENITH PERFORMANCE.

30TH & 31ST OF MAY 2023
£30 PER DAY

JOIN THE OXFAMILY.



SCAN ME 

OR EMAIL: INFO@ZENITH-PERFORMANCE.CO.UK



Goodbye from Mrs Peddel as she leaves the Library.


A huge thank you to all Library Helpers, I hope you continue in your roles!
Read for Good - Congratulations to our Readathon participants, whom between them have read over 65 books this term and raised £30.00 for 'Books for Children' in Hospitals. Well done and don't forget children can collect their rewards from the Library/Reception. Keep reading everyone, and don't forget there are Study Guides available to borrow from the Library for Year 11s!

Linden House

Linden House will be open throughout this June half term with different activities every day.

These activities are free to attend with no booking required. The age range is 8-18 and sessions will be hosted by our fully trained team in a safe environment. Parents are welcome to stay and use our café facilities to unwind whilst they wait.

We hope that these sessions will act as additional support to childcare whilst also providing an excellent support network for parents.





Linden House
Young Person Support | Careers Advice

Half Term Week
(Mon 29th May - Fri 2nd June)

MON	TUE	WED	THU	FRI
Closed Bank Holiday Monday	10:00 - 13:00 Relax, Unwind, Play Games	10:00 - 13:00 Scavenger Hunt	10:00 - 13:00 Just Dance Contest	10:00 - 13:00 World Environment Day
	13:30 - 16:00 Galactic Space Crafts	13:30 - 16:00 Fitness Afternoon	13:30 - 16:00 Seed Planting & Gardening	13:30 - 16:00 World Environment Day

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<https://www.facebook.com/KingEdwardVISchool/>

Everyone at King Edward VI would like to wish you and your family a great half term and we look forward to seeing our students again on the 5 June.



Deri O'Regan

Dates for your Diary Term Dates for 2023-2024 and additional information can be found on the calendar page of the website	
Mon 29 May – Sun 4 June	Half Term
Fri 2 June	Year 10 WWI Battlefields History Trip
Tues 13 – Fri 16 June	Year 9 & 10 Paris Trip
Thurs 29 June	Year 11 Prom
Monday 3 July	PD Day

Thought for the Week

Your future depends on what you do today.
Mahatma Gandhi

All past issues of this Newsletter are available [on our website](#).