

Today's Prayer

Listen or read the Prayer for the Day and join in with thousands of others saying these words.

[Today's Prayer | The Church of England](#)

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Friday 31 March 2023

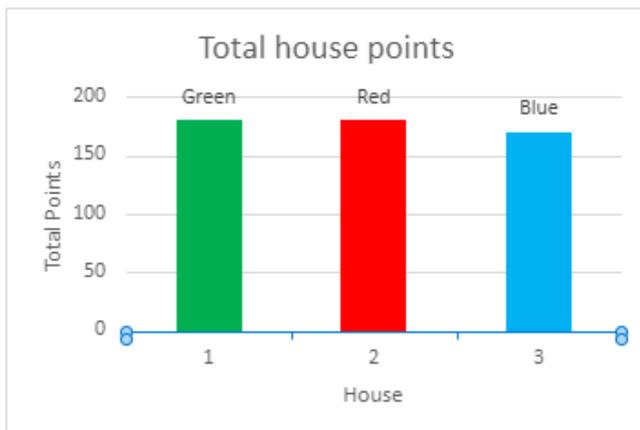
Dear Parents and Carers

House Points

Following a busy term, I'm pleased to announce that our house competition is underway with the following competitions:

- Year 11 football girls
- Year 11 football boys
- Year 7 football girls
- Year 7 football boys
- Year 11 debating
- All year groups cake competition

The purpose of the house system is to encourage participation in our extra-curricular activities and inject fun into school life. Teamwork, cooperation and fair play are also things we want to teach through the activities. So far, the results from all competitions added together are:



School Uniform

As you prepare for the summer term during the break, please can I ask that all parents prioritise getting uniform ready for day one of the summer term. This is particularly important for students in years 7-10 as we establish the essential habits of preparation for a day of learning; which is getting uniform ready in advance.

For further information, please [click here](#).

It is important that every student takes pride in their uniform as it is a way of declaring that they belong to our wonderful community.

I am exceedingly proud to be part of this amazing school and I want every student to feel the same pride as they head off in the morning to start their day. Not every child in UK can say they attend a school nearly 500 years old which such a long history and consistent track record of academic success. Please support them in seeing the value in being part of something special and help them set off with the correct mind set each morning.

We understand that these are challenging financial times, in the event that you are struggling with uniform costs, please contact my PA Ms Swift on GSC@king-ed.suffolk.sch.uk over the holiday.

We also have a large supply of second-hand uniform which we are happy to give away. For this please contact Kirsty on KCR@King-ed.suffolk.sch.uk

Revision Key Stage 4

All KS4 students should have a revision plan for the Easter period and can gain advice and guidance on how to spend time efficiently. In particular, please can all parents watch the videos to support revision:

- Using SENECA by Mr Young (Head of Year)
- Navigating resources on the School Website by Mr Young (Head of Year)
- GCSE pod by Ms Reynard (Head of English)
- BBC Bitesize by Mr Thompson (Head of Science)

Supporting Our Young People

We are aware that some students might need wellbeing support during this period and would recommend contacting one of the following organisations, if everything is getting too much.

[Struggling at school: my mental health journey | YoungMinds](#)

[Mental health | Campaign Against Living Miserably \(CALM\) \(thecalmzone.net\)](#)

[Mental health services - NHS \(www.nhs.uk\)](#)

Please also don't hesitate to contact the school with concerns however the school will be shut until Monday 17 April 2023.

What A Result!



Our U12 Mixed football team travelled to Ipswich Town 1st team training ground playing Thurston in the West Suffolk Cup Final. Starting off well by having some good opportunities to score, David scoring an excellent volley at the end of the 1st half.

1-0 going in to the 2nd half Thurston having plenty of the ball we had to defend for most of the half. With 10 mins to go parked in our own half

defending for the rest of the game we were helped by some heroic saves from Kevin. Holding on to the very end our U12 mixed football team were victorious winning the cup. Player of the match awarded to Kevin for an amazing performance in goal. Final score 1-0.

Bury St Edmunds guardsman who carried Queen Elizabeth II's coffin on special honours list

Former King Edward VI School student James Patterson was one of the pallbearers who carried Her Majesty's coffin draped in the Royal Standard. He has been awarded a Royal Victorian Medal (Silver). [Click here](#) for the full story.



Library Book Sale

Mrs Peddel and Library Helpers have been incredibly busy reorganising, re-shelving and Spring Cleaning the Library over the last few weeks.

As a result, we will be holding a 'Nearly New / Used Book Sale' open to all students in the Library at Break and Lunchtimes during the first week back from **Monday 17 April to Friday 21 April**. Suggested donations are 50p or £1.00. All donations will go back into Library resources.

Prom Date Confirmed!

This year's Prom has been confirmed to take place on Thursday 29 June 2023 at Blackthorpe Barns.

Inter College Trampoline Competition

Great result from the Red College during the inter college trampoline competition, that took place on Monday 27 March 2023. The overall winners were:

1st - Isabella Mills
2nd - Ellie Payne
3rd - Jessica Newdick

Red College
1st - Isabella Mills
2nd - Ellie Payne
3rd - Jessica Newdick



Green College
1st - Isobel Walton
2nd - Elizabeth Mead
3rd - Lilly Yarrow



Duke of Edinburgh
Good luck to our Year 9 students taking part in the Duke of Edinburgh Bronze Award - Practice Expedition this weekend!



Local Tennis League

A promotional poster for National League Tennis 2023. The background is a red brick wall with a tennis ball in the bottom right corner. The text reads: 'NATIONAL LEAGUE TENNIS 2023', 'WATCH WIMBLEDON PLAYERS ON YOUR DOORSTEP!', 'A great day out for all the family', '2 APRIL 16 APRIL 14 MAY', 'AT RISBYGATE SPORTS CLUB', '12:00 START FREE TO WATCH'. There is a QR code and a Facebook link: 'facebook.com/RisbygateTennisClubBSE'. The sponsor is 'FIRE & SECURITY'.

Vaccines

As a result of the Covid pandemic there are many young people who have missed out on important vaccinations. The Suffolk Community and School Age Immunisation Team is working very hard to clear this backlog. This includes HPV vaccinations (both doses) which are offered in Year 8 and Meningitis ACWY, Diphtheria, Tetanus and Polio which are offered in Year 9. As well as our school-based sessions we also offer community-based clinics.

They will be in Bury on Tuesday 4 April & Tuesday 11 April 2023, at the New Bury Community Clinic, 1 Charles Place, Bury St Edmunds, IP32 6TD for booked appointments only.

Please contact the team on 0300 555 5055 option 3 if you would like to book an appointment or have a query about your child's vaccination history. Further information about vaccines is available Vaccinations - NHS (www.nhs.uk)

Safeguarding

Over the holidays if you are worried that a child or young person is at risk of harm, abuse or neglect please phone Customer First on 0808 800 4005 or 999 in an emergency. Alternatively, you may find some of the following agencies of use.

For Out of Hours Support please find a list of agencies below you can contact			
NHS Non-emergency advice line: 111 Has an option for Urgent Mental Health support. Police Non-emergency Line: 101	NSPCC: www.nspcc.org.uk Childline www.childline.org.uk Call free on 0800 1111	Samaritans: (Suicide prevention charity) www.samaritans.org 116 123	Young Minds (Advice and support for young people and Parents): www.youngminds.org.uk Parents Helpline: 0808 802 5544 (M-F 9:30am - 4pm)
Emotional Wellbeing Hub (referral to NHS Mental Health services): M-F 8am-7.30pm 0345 600 2090	Customer first (Social Care for out of hours safeguarding concerns): 0808 800 4005	Papyrus Hopeline UK (Suicide prevention charity for young people): 0800 068 4141	School Nursing Service: Chat Health: 07507 333356 (Monday to Friday (excluding bank holidays), 9:00 to 16:30 Ages 11-19)
The source (information and advice for young people in Suffolk): thesource.me.uk Home Office Forced Marriage Helpline: 020 7008 0151	Kooth (online counselling service): www.kooth.com Shout (24/7 text crisis support): Text SHOUT to 85258.	Mind: www.mind.org.uk/ Suffolk Night Owls (Helpline, text and email service run by Suffolk Mind): 0300 111 6000	Domestic abuse helpline: 0808 2000 247 nationalaahelpline.org.uk Karma Nirvana (Honour based Violence Support): https://karnanirvana.org.uk 0800 5999 247

Clubs

A wide range of extra-curricular clubs are available to enrich our school curriculum and provide additional opportunities. You can view all the Clubs on offer for the Summer Term on our website <https://www.king-ed.suffolk.sch.uk/enrichment/extra-curricular-clubs/> and book places (for afterschool activities) using the online booking system. <https://kingedwardvicevp.schoolcloud.co.uk/>

Everyone at King Edward VI would like to wish you a wonderful Easter.



Deri O'Regan

Dates for your Diary	
Term Dates for 2023-2024 and additional information can be found on the calendar page of the website	
Sat 1 - Fri 14 Apr 23	Easter Holidays
Mon 17 April	Year 10 Exams Start
20-21 April	Year 11 BETC Drama
3-5 May	Year 11 GCSE Art Exam
Mon 15 May	Full GCSE Exams start

Thought for the Week

The evils of tyranny are rarely seen but by him who resists it.

John Hay

All past issues of this Newsletter are available [on our website](#).