West Suffolk Foundation Trust Health and Care Academy is offering a virtual course across six Saturday mornings between May and July 2022 to anyone aged 15-19, who would like to gain an insight into working in Health and Care.  Delivered by the West Suffolk NHS Foundation Trust, the aim of this series of free virtual sessions is to encourage and inspire young people thinking about a career in Health and Care to take the next step.

**This six-session academy course is being delivered virtually via Microsoft Teams, on Saturday 14th and 21st May, 11th and 28th June and 2nd and 9th July.**  It will include insight sessions into careers such as Midwifery, Medicine, Health Care Assistant, physiotherapy and Primary Care, Information on key skills required to working in Health and Care. as well as advice on CV and personal statement writing.

This programme is the first step in accessing information about working in the Health and Care sector and the range of careers available. Health and Care ambassadors will lead the programme and participants will get a chance to ask any questions. On completion of the short course, participants will be provided with support in accessing their next steps and are also awarded a certificate of participation which will look great on CVs and will help at future interviews.

Feedback from participants of a previous Health and Care Academy: -

"Just wanted to say thank you for all your advice, help and information regarding different NHS careers. It has been so enjoyable and I would love to do this again if I could!"

"I found this Academy very interesting, learning about different roles and how important they are, as well as understanding the fundamental characteristics needed in Health and Care careers."

"I benefitted from the fact we get to ask questions as when you're studying in college the majority of the time you get taught the knowledge but don’t get the honest insight into what it’s actually like as your teacher isn’t experienced in that sector."

"Thank you very much! I learnt so much about jobs that I hadn't previously considered."

<https://www.wsh.nhs.uk/Join-our-team/Health-and-care-academies/Health-and-care-academy.aspx>