

Easter Health and Care Academy Timetable

Session 1 – Monday 11 April 2022

Time	Topic	Content
10.00 - 10.30	Introduction and Welcome	<ul style="list-style-type: none"> • An Introduction and welcome to the Academy • Programme Content • Getting to Know You Activities
10.30 - 11.00	Career Insight into Midwifery	<ul style="list-style-type: none"> • Introduction to the role of a Midwife • Rewards and challenges of the job role • What does the Midwifery Degree consist of? • Opportunity to ask questions
11.00 - 11.15	Virtual Work Experience Opportunity	<ul style="list-style-type: none"> • An introduction to the live work experience offered by Medic Mentor
15 minute Comfort Break		
11.30 - 12.00	Insight into the University of Essex courses and the careers they can lead to	<ul style="list-style-type: none"> • Introduction to Health and Social Care courses at University of Essex • Careers our courses can lead to • Preparing to apply: work experience and qualifications you'll need • Opportunity to ask questions
12.00 – 12.30	Career Insight into Nuclear Medicine	<ul style="list-style-type: none"> • Introduction to Nuclear Medicine • What does a Nuclear Medicine Technologist do day to day • What are the rewards and challenges? • What are the entry routes to work in Nuclear Medicine?

Session 2 – Tuesday 12 April 2022

Time	Topic	Content
10.00 – 11.00	Career Insight into Nursing	<ul style="list-style-type: none"> • Information on the different specialisms within Nursing, including Learning Disabilities Nursing and • Mental Health Nursing. • Entry routes • Rewards and challenges
15 Minute Comfort Break		
11.15 - 11.45	Career Insight into the Ambulance Service	<ul style="list-style-type: none"> • What jobs are available in the Ambulance Service? • What are the rewards and challenges? • What are the different entry routes? • Opportunity to ask questions
11.45 - 12.30	Career Insight into Physiotherapy	<ul style="list-style-type: none"> • What is Physiotherapy? • Where might you work as a Physiotherapist? • Who do you work with and support? • Rewards and challenges • Opportunity to ask questions

This timetable is subject to change

Session 3 – Wednesday 13 April 2022

Time	Topic	Content
10.00 – 10.45	Career Insight into Careers in General Practice and Primary Care	<ul style="list-style-type: none"> • What is Primary Care? • The role of a GP • Rewards and challenges • Entry routes • Opportunity to ask questions
10.45 - 11.30	NHS Values and Professionalism	<ul style="list-style-type: none"> • 6 C's, • NHS Values • Expected behaviours – scenario's, discussion
15 minute Comfort Break		
11.45 - 12.30	Career Insight into Mental Health	<ul style="list-style-type: none"> • An Introduction to some of the clinical and non-clinical roles available in Mental Health • Skills and experience required for these roles • Opportunity to ask questions

Session 4 – Thursday 14 April 2022

Time	Topic	Content
10.00 - 12.00	First Aid in the Community	<ul style="list-style-type: none"> • An Interactive Session –'How to deal with a bleeding injury and head injuries'
12.10 - 12.30	Next Steps	<ul style="list-style-type: none"> • Application and Interview skills • Information, Advice and Guidance for your next steps in health or care career journey

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