



Subject Level Descriptor

Department	Physical Education	Year Group	Year 7-9	Assessment	Aspect 2: Mental
Assessment Summary	<p>At Key stage 3 students have three lessons of curriculum time every two weeks. Within the PE programme students study a wide range of activities including team and individual games, dance, OAA, HRE, athletics, cricket, rounders and softball. In lessons students will focus on mastery of skills, knowledge and application, competition or performance, health and well-being, leadership and sportsmanship. There is an emphasis throughout the curriculum that students can engage with more than the traditional practical element of Physical Education, which is reflected in the Physical, Mental and Social assessment that will be used throughout the students' KS3 journey.</p> <p>Students overall mark will be an average of all three assessments (Physical 50%, Mental 25% and Social 25%).</p>				

	Mental
Level 1	<ul style="list-style-type: none"> • I can identify the use of basic skills, both in isolated progressive drills and in applied full context competitive environments. • I show signs of giving up when faced with difficult or challenging situations in many sporting activities. I need to be willing to take failure more positively, understanding that failure is the first steps to success. • I demonstrate little motivation to succeed in practical activities. On occasion I have shown some determination in activities I like. • I struggle to use appropriate terminology to describe my own and other performances in team and individual activities. I can offer vague feedback to recognise strengths and areas in need of future development. • I can recall some of the benefits of leading a healthy active lifestyle and its implications on anatomy and physiological principles. • I am beginning to understand how to make decisions in many team and individual activities successfully and how tactical knowledge is applied appropriately to many activities to outwit opponents.
Level 2	<ul style="list-style-type: none"> • I can describe some elements of basic skills, both in isolated progressive drills and in some competitive environments. • I am starting to show signs of resilience when faced with a difficult or challenging situation in many sporting activities. I am beginning to understand how to take failure more positively, understanding that failure is the first steps to success. • I am motivated to succeed in practical activities that I enjoy. This needs to be transferred to all aspects of the curriculum. • I can use simple terminology to describe my own and other performances in team and individual activities. • I can identify some accurate strengths and areas in need of future development for a partner's performance. • I can identify the basic benefits of leading a healthy active lifestyle and its implications on some anatomy and physiological principles. • I can identify and apply decisions in some team and individual activities successfully, although this can be inconsistent across a varied range of activities. Tactical knowledge is beginning to adapt in some activities to outwit opponents.



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Level 3	<ul style="list-style-type: none">• I can explain the technical application of skills, both in isolated progressive drills and in applied full context competitive environments.• I work hard to demonstrate a resilient approach to my progress through challenging practical activities. I am beginning to understand how to take feedback more positively, understanding that failure is the first steps to achieving sustained success.• I am motivated to succeed in most practical subjects. However, this needs to be transferred to all aspects of the curriculum and alternative extra-curricular activities.• I can use a sound level of terminology to precisely analyse both my own and other performances in team and individual activities. Providing thorough and appropriate feedback to identify strengths and areas in need of future development.• I have a sound knowledge and understanding of the benefits of leading a healthy active lifestyle and its implications on anatomy and physiological principles.• I can make accurate decisions in some team and individual activities, although this can deteriorate in some competitive team activities. Tactical knowledge is applied accordingly to some activities to outwit opponents.
Level 4	<ul style="list-style-type: none">• I can evaluate the technical application of skills, both in isolated progressive drills and in applied full context competitive situations.• I understand that success takes hard work and time to achieve. I strive to take setbacks and failures maturely, using my experiences and feedback to progress in all activities.• I maintain and demonstrate high levels of motivation in a wide range of curriculum and extra-curricular sporting activities.• I can use ambitious terminology to correctly analyse both my own and others performances in team and individual activities. Providing detailed and applicable feedback identifying strengths and areas in need of future development.• I have a developed knowledge and understanding of the benefits of leading a healthy active lifestyle and its implications on anatomy and physiological principles.• I can make justified decisions in many team and individual activities successfully. Tactical knowledge is advanced is well applied too many activities to outwit opponents.
Level 5	<ul style="list-style-type: none">• I can justify the technical application of skills, both in isolated progressive drills and in applied full context competitive environments.• I understand and demonstrate that success takes hard work and time to achieve. I take setbacks and failures maturely, using my experiences, feedback, and positive attitude to demonstrate progression in all activities.• I maintain, demonstrate, and promote high levels of motivation in a wide range of curriculum and extra-curricular sporting activities• I can use complex terminology to accurately analysis both my own and the performances of others in team and individual activities, Providing specific and timely feedback to identify strengths and areas in need of future development.• I have an extensive knowledge and understanding of the benefits of leading a healthy active lifestyle and its implications on anatomy and physiological principles.• I can make complex and precise decisions in many team and individual activities successfully. Tactical knowledge is well advanced and is applied appropriately too many activities to outwit opponents.

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KING EDWARD VI SCHOOL