



Issue No 5

Friday 8 October 2021

Dear Parents and Carers

Today is **Young Minds #HelloYellow!** and part of their ongoing campaign to support young people's mental health, Young Minds have produced some helpful information for parents and students who may be struggling with school, which we wanted to share.

### Support if you're struggling with school

School can be a source of support, belonging, learning and community. But many young people will find school difficult at some point or another. This could be for a number of reasons, but whatever the case, help is available. We have guides for both young people and parents with lots of information and advice.

> [Read our guide for young people](#)

> [Read our guide for parents](#)

Within school, our Pastoral team are always on hand to offer additional support as required so please do not hesitate to get in touch.

### Cold Weather Uniform

As the weather gets colder please provide white base layers to be worn under shirts, then a jumper, then a waterproof coat. After half term we move to jumpers on at all times. Windows remain open for ventilation owing to Covid so after half term coats may be worn in classrooms, at the teacher's discretion.

### Open Evening Helpers

We have invited students to support our Open Evening on Thursday 21 October to showcase the school.

Please look out for the paper letters giving consent, that students will be bringing home for you to sign.

### Dates for your Diary

The next two weeks up to half term are going to be busy for staff and for students and even something for our parents too.

- The deadline for the return of **school photograph** orders to Student Services is Wednesday 13 October 2021. After that date postage charges apply so get your order in quickly!
- Next Friday 15 October 2021 is a charity **non-uniform day** for all students, please donate £1 (optional).
- Also on Friday 15 October 2021 is the **FOKES wine tasting** evening for parents and staff.
- The rescheduled dates for student **Covid vaccinations** are Friday 12 November and Monday 22 November 2021. Please read the letter from the vaccinations team emailed home earlier today.

**And finally...** we would like to wish good luck to all 74 of our Bronze Duke of Edinburgh students who will be completing their final expedition this weekend.

Beverley Tucker  
Co-Headteacher

Tom Grey  
Co-Headteacher

### Thought for the Week

**You don't have to be great to get started, but you have to get started to be great.**

*Les Brown*