

9X Week A Thurs 1; Week B Mon 2 & Thurs 1
 9Y Week A Mon 2 & Tues 4 ; Week B Thurs 4
 9Z Week A Weds 3 & Fri 3; Week B Wed 4

	6th – 15 th Sept	2 4 weeks Sept 18 th -13 th Oct	3 4 weeks 16 th -17 th Nov	4 4 weeks 20 st Nov- 15 th Dec		5 3 ½ weeks 4 th Jan – 26 th Jan	6 4 weeks 29 th Jan – 1 rd Mar	7 4 weeks 4 th Mar- 28 th Mar		8 4 weeks 15 th Apr- 10 th May	9 4 weeks 13 th May- 14 th Jun	10 4 weeks 17 th Jun- 12 th July	
Boys 1	Fitness Programme	Football Astro	Basketball Gym	Rugby Field	Christmas Holiday	Volleyball or Badminton Dome	Handball Dome	Fitness Gym/Track/FS	Easter Holiday	Tennis Courts	Athletics Track	Striking and Fielding Field	Competitions
Girls 1		Netball Courts/Dome	Rugby Field	Volleyball/ Badminton Dome		Basketball Gym	Fitness LH/Track/ Field/FS	Football /Handball Astro		Striking and Fielding Field	Tennis Courts	Athletics Track	
Mixed		Rugby Field	Badminton Volleyball Dome	Basketball Gym		Fitness LH/Track/ Field/FS	Football/ Dodgeball Gym /Astro	Handball Dome		Athletics Track	Striking and Fielding Field	Tennis Courts	