



## Year 7 Knowledge Organiser

### Action words:

Travel  
Turn  
Elevation  
Gesture  
Stillness  
Use of different body parts

### Choreography key words:

**Stimulus:** The starting point for a dance piece.

**Motif:** A short phrase of movement that reflects a stimulus.

### Choreographic intention:

What the choreographer would like the audience to learn about the dance.

**Choreographic approach:** How the choreographer created movement material eg. improvisation, collaboration, choreographic tasks

**Transitions:** the linking of movement phrases together

**Tableau:** a still image

### Safe Practice

#### Prep for performance:

Warming up  
Cooling down  
Nutrition  
Hydration

#### During performance:

Safe execution  
Appropriate dance wear:  
footwear  
hairstyle  
clothing  
absence of jewellery