

GCSE PE: YEAR 11

What will I learn?

In Year 11, students will specialise in sports psychology, socio-cultural influences and health and well-being. Students will also learn how to analyse data linked to theoretical content. Students will develop their practical performance in a plethora of different sporting activities to improve their practical skills in isolation and enhance their knowledge and understanding of tactics and strategies within a game/competitive situation. Students will also develop their analytical skills by evaluating their own performance to bring about improvements in one practical activity of their choice.

How will I be taught?

Students will have four lessons per fortnight with two lessons dedicated to theory work and written examination technique. The other two lessons are practical and will focus on skill development and application of skills within a competitive situation. This allocation is flexible and after the practical moderation students will move to four lessons of theory per fortnight in the build up to their final written exams.

How will I be assessed?

Students at the end of Year 11 will sit 2 x 1hour 15 minute exam, contributing to 60% of the overall GCSE grade. The first paper will comprise of units covered in the first year of study and the second paper topics covered in Year 11.

Students' practical grade will be marked out of 100 (using their 3 strongest activities) and be assessed by a teacher and moderated by an AQA external examiner. Students will be assessed in skills in progressive drills (10 marks per activity) and in the full context (15 marks per activity). Students will also be assessed of their analysis (10 marks) of performance to bring about improvement in one activity of their choice. This practical component of the course will contribute 40% of the overall GCSE grade.