

GCSE PE: Year 10

What will I learn?

Throughout Year 10, students will acquire a range of theoretical knowledge in three topic areas; applied anatomy and physiology, movement analysis and physical training. In addition students will develop their practical performance skills through a range of activities delivered during the course of the year.

How will I be taught?

Students will have four lessons per fortnight with two lessons dedicated to theory work and written examination technique. The other two lessons are practical and will focus on skill development and application of skills within a competitive situation.

How will I be assessed?

In Year 10, students' theoretical knowledge and understanding will be internally assessed once per half-term. This will take the format of an end of unit test. Students will be provided with formative assessment in addition to a current grade of Go4schools. The GCSE course is linear and all GCSE examinations for PE occur in Year 11.

Throughout Year 10, students will be teacher assessed in different physical activities in the role of a performer (one in a team activity, one individual activity and a third in either a team or in an individual activity). This will be reviewed as students' skills are further developed in Year 11.